

Dr. Annika From

Psychology Department, University of Nebraska, Lincoln
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EMPLOYMENT

3/2026 – Present Postdoctoral Associate
Psychology Department, University of Nebraska, Lincoln
Mentor: Dr. Rebecca Brock

EDUCATION

8/2020 – 12/2025 Doctor of Philosophy, Psychology
University of Michigan, Ann Arbor, MI
Dissertation: “The effects of perceived and actual similarity on romantic relationship formation and quality”
Dissertation Co-Chairs/Advisors: Robin Edelstein, Ph.D., Professor and Amie Gordon, Ph.D., Associate Professor
Committee Members: Elizabeth Bruch, Ph.D., Associate Professor and Bill Chopik, Ph.D., Associate Professor

8/2020 – 12/2022 Master of Science, Psychology
University of Michigan, Ann Arbor, MI
GPA: 4.00

8/2015 – 5/2019 Bachelor of Arts, Psychology and English
University of California, Berkeley, CA
Honors Thesis: “When talk isn’t cheap: A lens model analysis of linguistic cues involved in displays and judgments of trustworthiness in negotiations”
Thesis Advisor: Cameron Anderson, Ph.D., Professor
GPA: 3.95, Highest Honors (Summa Cum Laude)

ACADEMIC HONORS AND AWARDS

Steve Duck New Scholar Award (\$500) – 2026

International Association for Relationship Research (IARR)

Barbara Olenshanky Memorial Fund Research Award (\$2,000) – 2021, 2025

University of Michigan, Ann Arbor

Psychology Excellence in Mentoring Award (\$200) – 2024

University of Michigan, Ann Arbor

Department of Psychology Dissertation/Thesis Grant Research Award (\$1,000) – 2024

University of Michigan, Ann Arbor

Rackham Graduate Student Research Grant (\$3,000) – 2023

University of Michigan, Ann Arbor

Psychology Outstanding GSI Nomination – 2023

University of Michigan, Ann Arbor

Evolution and Human Adaptation Program Research Award (\$1,117) – 2023

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University of Michigan, Ann Arbor

John A. Swets Memorial Research Award (\$5,000) – 2023

University of Michigan, Ann Arbor

Role: Graduate student contributor

Barbara Perry Roberson Research Award (\$1,000) – 2023

University of Michigan, Ann Arbor

Riecker Undergraduate Research Fund (\$1,000) – 2023

Center for Education of Women, University of Michigan, Ann Arbor

Role: Graduate student supervisor

Robinson Family Research Fellowship (\$1,000) – 2023

University of Michigan, Ann Arbor

Pat Gurin Distinguished Lecture (\$250) – 2023

University of Michigan, Ann Arbor

2022 Propelling Original Data Science (PODS) Research Grants (\$29,938) – 2022

Michigan Institute for Data and AI in Society (MIDAS), University of Michigan, Ann Arbor

Role: Graduate student project lead

2022 LSA Summer Research Program Award (\$5,976) – 2022

University of Michigan, Ann Arbor

Role: Graduate student project lead

2022 Carol Hollenshead Inspire Award for Excellence Promoting Equity & Social Change (\$2,000)

Center for Education of Women, University of Michigan, Ann Arbor

Role: Graduate student mentor for STAR Scholars (awarded group)

Zajonc Scholars Research Fund (\$4,724) – 2021

Institute for Social Research, University of Michigan, Ann Arbor

Rackham Graduate Student Research Grant (\$1,500) – 2021

University of Michigan, Ann Arbor

Graduate Research Fellowship Program (GRFP) Honorable Mention – 2021

National Science Foundation (NSF)

Highest Honors in Psychology – 2019

University of California, Berkeley

Phi Beta Kappa – 2019

University of California, Berkeley

Swan Undergraduate Research Award (\$200) – 2019

University of California, Berkeley

Outstanding Research Poster Award – 2019

University of California, Berkeley

Psi Chi Honor Society – 2018

University of California, Berkeley

PUBLICATIONS

Brandon, R., **From, A.**, Reynaga, M., Devine, H., Gordon, A. M., & Edelstein, R. S. (2026).

Testosterone changes in couples in response to a caregiving task with an infant simulator.

Human Nature. <https://doi.org/10.1007/s12110-026-09520-5>

- Gordon, A. M., Thorson, K. T., Jolink, T. A., **From, A.**, Diamond, E., & Segal, N. B. (2025). Do technological advances enable relationship “forecasting”? Considerations and recommendations. *American Psychologist*, 80(9), 1431-1443. <https://doi.org/10.1037/amp0001632>
- From, A.**, Diamond, E. S., Kafae, N., Reynaga, M., Edelstein, R. S., & Gordon, A. M. (2025). Does similarity matter for romantic relationships? A scoping review. *Journal of Social and Personal Relationships*, 42(10), 2780-2802. <https://doi.org/10.1177/02654075251349720>
- Gordon, A. M., Luciani, M., & **From, A.** (2025). I love you, but I hate your politics: Antecedents and consequences of political dissimilarity in romantic relationships. *Journal of Personality and Social Psychology*, 129(4), 692-713. <https://doi.org/10.1037/pspi0000467>
- From, A.**, Banks, J., Edelstein, R. S. (2024). Partner support behaviors and relationship quality in interracial and intraracial Black romantic relationships. *Personal Relationships*, 31(3), 796-815. <https://doi.org/10.1111/per.12562>
- From, A.**, Luerssen, A., & Gordon, A. M. (2023). Both overwhelmed or in it together? Similarity in COVID-19-related stress and romantic relationship quality. *Social and Personality Psychology Compass*, 17(8), e12789. <https://doi.org/10.1111/spc3.12789>

ACCEPTED REGISTERED REPORTS

- Rodriguez, M., Diamond, E. S., **From, A.**, Gordon, A. M., & Feinberg, M. (accepted registered report). Long-term effects of AI companionship on psychological well-being, social experiences, and attitudes. *Nature Human Behaviour*.

PAPERS UNDER REVIEW AND IN REVISION

- From, A.**, Banks, J., & Sayler, J. (under review after invited resubmission). Ideological cues: Why fishing photos and US flags reduce romantic interest among liberal daters on dating apps. *Telematics and Informatics*.
- From, A.**, & Gordon, A. M. (under review). A comprehensive approach to studying actual and perceived similarity between romantic partners. *Personality and Social Psychology Bulletin*.
- Diamond, E., **From, A.**, Luerssen, A., Gordon, A.M. (under review). Syncing into connection: Bidirectional links between cognitive, emotional, and physical synchrony and connection between close others. *Journal of Personality and Social Psychology*.
- Lee, H., **From, A.**, Bjelland, C., Wallace, K., Atwiine, J., Namanya, B., Mwesigwa, F. S., Nsengiyumva, R., Khadr, L., Keshwani, A., Asiimire, D., & Darbes, L. A. (under review). Relational dynamics and family planning concordance among African refugee couples: A cross-sectional survey in Nakivale, Uganda. *Studies in Family Planning*.

PAPERS IN PREPARATION

- From, A.**, Brock, R. L., Finkelstein, S., Sparpana, A., Gan, A., Checkalski, O., & Gervais, S. (in preparation). Further validation of the Inventory of Partner Sexual Objectification (IPSO) and development of an enacted version.
- From, A.**, Gordon, A. M., Diamond, E., & Edelstein, R. S. (in preparation). The effect of perceived similarity on romantic relationships.

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- Namanya, B., Johnson, A. A., Asiimire, D., **From, A.**, Nsengiyumba, R., Bjelland, C., & Lee, H. (in preparation). African refugee couple's perceptions on household finance and male's involvement in maternal health: A quantitative survey from Nakivale refugee settlement, Uganda.
- Sayler, J., **From, A.**, Youtt, A., & Edelstein, R. S. (in preparation). Cortisol awakening response, experienced discrimination, and the role of romantic partner support.
- Dileo, R., Diamond, E., **From, A.**, Devine, H., Gordon, A. M., & Edelstein, R. S. (in preparation). Sleep, conflict, and physiological synchrony in couples.
- Chadha, S., Scholer, A., **From, A.**, & Wood, A. (in preparation). When and why people overestimate their similarity to others.

INVITED TALKS

- From, A.** (2026, July). *Finding "the one": Compatibility, similarity, and relationship science*. Talk presented for Big Brain Lectures. San Francisco, CA.
- From, A.** (2025, October). *Birds of a feather? Similarity and romantic compatibility*. Talk presented at UC Davis psychology research seminar. Davis, CA.
- Lustig, C., Posilico, C., Catanzarite, J., **From, A.**, & Dimoji, A. (2023, March). *STAR: An evidence-based based program that increases under-represented student involvement in research*. Talk presented at the Center for Education of Women (CEW). Ann Arbor, MI.
- From, A.** (2023, February). *Does similarity matter? A comprehensive look at similarity in romantic relationships*. Pat Gurin Distinguished Lecture presented at the University of Michigan. Ann Arbor, MI.
- From, A.** (2023, February). *Insights from psychology research on dating*. Talk presented at Chateau Ste Michelle Winery's Singles' Event. Seattle, WA.
- From, A.** (2022, December). *Research in psychology and the humanities*. Talk presented at Canyon Crest Academy. San Diego, CA.

CONFERENCE PRESENTATIONS

- From, A.**, Brock, R. L., Finkelstein, S., Sparpana, A., Gan, A., Checkalski, O., & Gervais, S. *Further validation of the Inventory of Partner Sexual Objectification (IPSO) and development of an enacted version*. Symposium talk submitted to the Society for Personality and Social Psychology, Philadelphia, PA.
- Tu, E., Diamond, E., **From, A.**, Jolink, T. A., Harasymchuk, C., Impett, E., Gordon, A. M., Reis, H., & Muise, A. (2026, October). *Romantic chemistry: An understudied ingredient in the science of love*. Symposium talk submitted to The Love Consortium, Chapel Hill, NC.
- Tu, E., Diamond, E., **From, A.**, Jolink, T. A., Harasymchuk, C., Impett, E., Gordon, A. M., Reis, H., & Muise, A. (2026, October). *From sparks to stability: The role of romantic chemistry across relationship stages*. Symposium talk submitted to the Society for Personality and Social Psychology, Philadelphia, PA.
- From, A.**, Gordon, A. M., & Luciani, M. (2026, October). *I love you but I hate your politics: The role of political dissimilarity in romantic relationships*. In K. Laurin (Chair), Disagreeing on surveys, in the lab, and in real life: New insights from contextualized research on political conflict. Symposium talk to be presented at the Society for Experimental Social Psychology, Montreal, Canada.

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- From, A.**, Diamond, E., Jolink, T. A., Adams, S., Bruch, E., & Gordon, A. M. (2026, July). *The role of perceived and actual similarity in relationship initiation*. In Leveraging technology to gain new insights into the science of relationship formation. Symposium talk accepted but unable to attend, at the International Association of Relationship Research, Glasgow, Scotland.
- Sayler, J. W., **From, A.**, & Edelstein, R. S. (2026, July). *Dyadic associations between racial discrimination and cortisol in interracial and intraracial Black romantic relationships*. Symposium talk presented at the International Association of Relationship Research, Glasgow, Scotland.
- Luciani, M., Gordon, A. M., & **From, A.** (2026, July). *I love you but I hate your politics: The role of political dissimilarity in romantic relationships*. In M. Rossignac-Milon (Chair), Merged minds: Shared reality in romantic relationships. Symposium talk presented at the International Association of Relationship Research, Glasgow, Scotland.
- Diamond, E., Jolink, T. A., **From, A.**, Bacharach, J., Adams, S., Bruch, E., & Gordon, A. M. (2026, July). Synchrony and relationship formation: A dyadic, prospective study of early romantic encounters. In Leveraging technology to gain new insights into the science of relationship formation. Symposium talk presented at the International Association of Relationship Research, Glasgow, Scotland.
- Gordon, A. M., Adams, S., Diamond, E., **From, A.**, Jolink, T. A., & Bruch, E. (2026, July). Building a dating app to study relationship formation. Symposium talk presented at the International Association of Relationship Research, Glasgow, Scotland.
- Luciani, M., **From, A.**, & Gordon, A. M. (2026, February). *Love across the aisle: Political differences in romantic relationships*. In P. Ekstrom & A. Farrell (Chairs), The political is (inter)personal: Relationships and politics impact one another. Symposium talk presented at the Society for Personality and Social Psychology. Chicago, IL.
- Jolink, T. A., Diamond, E., **From, A.**, Adams, S., Bruch, E., & Gordon, A. M. (2025, October). *Dating through the lens of the biopsychosocial model of challenge and threat*. In T. A. Jolink & K. E. Schertz (Chairs), From “meet cutes” to tough times: Experimentally testing signals of connection in close relationships. Symposium talk presented at the Society of Experimental Social Psychology, Lisbon, Portugal.
- From, A.** (2025, October). *Similarity and compatibility in romantic relationships*. Paper presented at the Society of Experimental Social Psychology, Lisbon, Portugal.
- From, A.** (2025, July). *Smart swiping: A wise intervention with dating app users*. In *Novel approaches to address social disconnection*. Symposium talk presented at the Society Institute for Social and Personality Psychology (SISPP), Evanston, IL.
- Rodriguez, M. Diamond, E., **From, A.**, Gordon, A. M., & Feinberg, M. (2025, July). *The effects of AI companions on well-being, social experiences, and attitudes across seven weeks*. In Humans vs. machines: Exploring the social and ethical frontiers of technology. Paper presented at the Academy of Management (AOM) Annual Meeting, Copenhagen, Denmark.
- From, A.**, Gordon, A. M., & Edelstein R. S. (2025, June). *The effect of perceived similarity on romantic relationships*. In Relationships, matching, and informant perceptions. Symposium talk presented at the Associations for Research on Personality, Evanston, IL.
- Rodriguez, M., Diamond, E., **From, A.**, Gordon, A. M., & Feinberg, M. (2025, March). *Interacting with an artificially intelligent companion promotes emotion regulation and well-being over time*.

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- Flash talk presented at the Society for Affective Science Emotion Regulation Preconference, Portland, OR.
- Dileo, R., Diamond, E., **From, A.**, Devine, H., Gordon, A., & Edelstein, R. (2025, March). *Sleep, conflict, and physiological synchrony in couples*. Talk presented at the Society for Biopsychosocial Science and Medicine, Seattle, WA.
- From, A.** & Gordon, A. M. (2025, February). *The causal effect of perceived similarity on romantic relationship outcomes over time*. Data blitz presented at the Society for Personality and Social Psychology, Denver, CO.
- Kafae, N., Edelstein, R. S., Gordon, A. M., & **From, A.** (2025, February). *Neuroendocrine synchrony in couples: Differential patterns for testosterone and cortisol*. In N. Kafae & R. Edelstein (Chairs), *The rhythm of relationships: Physiological synchrony in close relationships*. Symposium talk presented to the Society for Personality and Social Psychology, Denver, CO.
- From, A.**, & Gordon, A. M. (2024, July). *Actual and perceived similarity across domains and its association with daily romantic relationship quality*. In **A. From** (Chair), *Birds of a feather flock together? Similarity as a heuristic for romantic compatibility*. Symposium talk presented at the International Association for Relationship Research. Boston, MA.
- Gordon, A. M., Thorson, K. R., Ross, K. E., Mendes, W. B., **From, A.**, & Edelstein, R. S. (2024, July). *Bidirectional associations between social relationship experiences and sleep*. In Y. Xie (Chair), *Bidirectional associations between social relationship experiences and sleep*. Symposium talk presented at the International Association for Relationship Research. Boston, MA.
- From, A.**, Gordon, A. M. (2022, July). *Does similarity matter? A comprehensive approach to similarity in romantic relationships*. Talk presented at the International Association for Relationship Research. Virtual due to COVID-19. London, England.
- From, A.**, Banks, J., Edelstein, R. S. (2022, July). *Discrimination and support in interracial and same-race Black couples*. In A. Luerksen (Chair), *New perspectives on stress and support*. Symposium talk presented at the International Association for Relationship Research. Virtual due to COVID-19. London, England.
- From, A.**, Banks, J., Edelstein, R. S. (2022, May). *"Giving a little of us to the other": Partner support in interracial and same-race Black relationships*. In the European Association of Social Psychology/International Association for Relationship Research joint symposium, *What's love got to do with it: Diversity in close/romantic relationships*. Talk presented virtually.

POSTER PRESENTATIONS

*undergraduate honors thesis mentee

- Diamond, E., **From, A.**, Jolink, T., Adams, S., Bruch, E. B., & Gordon, A. M. (2026, February). *Forming relationships through synchronous interactions: A dyadic, prospective study*. Poster presented at the Society for Personality and Social Psychology Close Relationships Preconference. Chicago, IL.
- Sayler, J. W., **From, A.**, & Edelstein, R. S. (2026, February). *From ideology to intimacy: Politics and race in online dating*. Poster presented at the Society for Personality and Social Psychology Close Relationships Preconference. Chicago, IL.

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- *Youtt, A., **From, A.**, & Edelstein, R. S. (2025, April). *Cortisol Awakening Responses, experienced discrimination, and the role of romantic partner support*. Poster presented at the 2025 University of Michigan Psychology Research Forum, Ann Arbor, MI.
- Rodriguez, M., Diamond, E., **From, A.**, Gordon, A. M., & Feinberg, M. (2025, March). *Artificially intelligent companions promote emotional well-being: Insights from a seven-week longitudinal study*. Poster presented at the Society for Affective Science, Portland, OR.
- Pierce, N., Rodriguez, M., Diamond, E., **From, A.**, Feinberg, M., & Gordon, A. M. (2025, February). *Can you keep a secret? Discussing sensitive topics with artificially intelligent companions*. Poster presented at the Society for Personality and Social Psychology Close Relationships Preconference, Denver, CO.
- Lubowitz, H., Rodriguez, M., Diamond, E. S., **From, A.**, Feinberg, M., & Gordon, A. M. (2025, February). *Does talking to an artificially intelligent companion improve relationships and motivate people to socialize?* Poster presented at the Society for Personality and Social Psychology Close Relationships Preconference, Denver, CO.
- Dileo, R., Diamond, E., **From, A.**, Devine, H., Gordon, A., & Edelstein, R. (2025, February). *Sleep, conflict, and physiological synchrony in couples*. Poster presented to the Society for Personality and Social Psychology, Denver, CO.
- Sayler, J. W., **From, A.** & Edelstein, R. S. (2025, February). *Love, stress, and discrimination: The impact of racial discrimination on cortisol awakening responses in romantic relationships*. Poster presented at the Society for Personality and Social Psychology, Denver, CO.
- *Youtt, A., **From, A.**, & Edelstein, R. S. (2024, July). *Cortisol awakening responses, experienced discrimination, and the role of romantic partner support*. Poster presented at the International Association for Relationship Research. Boston, MA.
- From, A.**, Diamond, E., Kafee, N., Reynaga, M., Edelstein, R. S., & Gordon, A. M. (2024, February). *Does similarity matter for romantic relationships? Results from a systematic review of 303 studies*. Poster presented at the Society for Personality and Social Psychology, San Diego, CA.
- *Busschots, M. A. S. I., Edelstein, R. S., **From, A.**, & Reynaga, M. (2023, April). *Unequal distribution of baby care and gratitude to one's partner*. Poster presented at the 2023 University of Michigan Psychology Research Forum, Ann Arbor, MI.
- Cuenca, H., Reynaga, M., **From, A.**, Edelstein, R. S., & Gordon, A. M. (2023, April). *Infant simulators, stress, and the transition to parenthood*. Poster presented at the 2023 University of Michigan Psychology Research Forum, Ann Arbor, MI.
- Dubois, J., Reynaga, M., **From, A.**, Edelstein, R. S., & Gordon, A. M. (2023, April). *Is it naptime yet? Exploring the impact of sleep on infant caregiving*. Poster presented at the 2023 University of Michigan Psychology Research Forum, Ann Arbor, MI.
- Scott, G., Reynaga, M., **From, A.**, Edelstein, R. S., & Gordon, A. M. (2023, April). *We're having a baby! Cortisol, narcissism, and conflict*. Poster presented at the 2023 University of Michigan Psychology Research Forum, Ann Arbor, MI.
- *Wang, A., **From, A.**, Reynaga, M., Edelstein, R. S., & Gordon, A. M. (2023, April). *I can't tell if you're listening: Effect of sleep deprivation on perceived partner responsiveness*. Poster presented at the 2023 University of Michigan Psychology Research Forum, Ann Arbor, MI.
- From, A.**, Gordon, A. M., & Edelstein, R. S. (2023, February). *Discrimination and stress: Cortisol fluctuations in Black interracial and same-race couples*. Poster presented at the Society for Personality and Social Psychology, Atlanta, GA.

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- Devine, H., **From, A.**, Reynaga, M., Edelstein, R. S., & Gordon, A. M. (2023, February). *Falling asleep at the stroller: Sleep quality and childcare division*. Poster presented at the Society for Personality and Social Psychology, Atlanta, GA.
- From, A.**, Banks, J., Edelstein, R. S. (2022, February). *Partner support for Black individuals in interracial and intraracial romantic relationships*. Poster presented at the Society for Personality and Social Psychology, San Francisco, CA.
- *Paxson, M., **From, A.**, Edelstein, R. S. (2022, February). *Is Cupid colorblind? Racial ideology in interracial romantic relationships*. Poster presented at the Society for Personality and Social Psychology, San Francisco, CA.
- From, A.**, Karnilowicz, H., Ford B., Lam P., John O., Mauss, I. (2020, April). *Follow your heart: Emotion regulation, decision styles, and decision-making quality*. Poster presented at the Society for Affective Science. Virtual due to COVID-19. San Francisco, CA.
- From, A.**, Anderson, C., Sharps, D. (2019, May). *“I’m a little disappointed”: Linguistic trends that influence interpersonal perceptions of trustworthiness*. Poster presented at the Association for Psychological Science Conference. Washington, D.C.

POPULAR SCIENCE

- Interviewed for Volpe, A. (2026, April 8). How much should I have in common with my significant other? *Vox*. <https://www.vox.com/life/485011/commonalities-significant-other-hobbies-interests>
- Interviewed for Cooper, D. (2025, July 4). Tattoo judgment: Wrong. *The Last Show with David Cooper*. <https://podcasts.apple.com/us/podcast/the-last-show-with-david-cooper/id1168275879?i=1000715805241>
- Interviewed for Dolan, E. W. (2025, June 27). Similarity in long-term romantic couples probably matters less than we think. *PsyPost*. <https://www.psypost.org/similarity-in-long-term-romantic-couples-probably-matters-less-than-we-think/>
- Regular writer for Revel Dating website posting research insights from the dating app Revel.
- **From, A.** (2026, February 12). Match rates: The bigger picture. *Revel Dating*. <https://sites.lsa.umich.edu/revel/2026/02/12/matches-and-swipes-right/>
 - **From, A.** (2025, October 16). Perception versus reality. *Revel Dating*. <https://sites.lsa.umich.edu/revel/2025/10/16/perceptions-versus-reality/>
 - **From, A.** (2025, October 1). Emojis in messages. *Revel Dating*. <https://sites.lsa.umich.edu/revel/2025/10/01/emojis-in-messages/>
 - **From, A.** (2025, September 11). Who’s picky and when? *Revel Dating*. <https://sites.lsa.umich.edu/revel/2025/09/11/whos-picky-and-when/>
 - **From, A.** (2025, August 7). Looks or personality? *Revel Dating*. <https://sites.lsa.umich.edu/revel/2025/08/07/looks-or-personality/>
 - **From, A.** (2025, July 24). It’s 8AM, are you swiping? *Revel Dating*. <https://sites.lsa.umich.edu/revel/2025/07/24/its-8am-are-you-swiping/>
 - **From, A.** (2025, July 10). Snap decisions. *Revel Dating*. <https://sites.lsa.umich.edu/revel/2025/07/10/snap-decisions/>
 - **From, A.** (2025, June 26). The Revel algorithm: How we choose who to show you. *Revel Dating*. <https://sites.lsa.umich.edu/revel/2025/06/26/the-revel-algorithm-how-we-choose-who-to-show-you/>

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Luciani, M., **From, A.**, & Gordon, A. M. (2024, November 6). He's a Republican, she's a Democrat. Can their relationship survive modern politics. *Character & Context Blog*.
<https://spsp.org/news/character-and-context-blog/luciani-from-gordon-republican-democrat-relationship-survival>

From, A. (2024, August 28). Support in interracial versus same-race relationships. *Character & Context Blog*. <https://spsp.org/news/character-and-context-blog/from-interracial-versus-same-race-relationship-support>

TEACHING

Instructor of Record	1/2024 – 4/2024
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Romantic Attraction and Compatibility, University of Michigan

- Designed the syllabus and course format, wrote exams and essay prompts, lectured and led class discussion, and graded for 25 upperclassmen undergraduate students.

Graduate Student Instructor

Advanced Statistical Methods, University of Michigan

1/2023 – 4/2023

Instructor: Dr. Rich Gonzalez

- Helped doctoral students with graduate-level psychology statistics concepts and coding in R.
- Created answer keys and graded assignments and exams for 50 students.

Graduate Student Instructor

Close Relationships, University of Michigan

8/2022 – 12/2022

Instructor: Dr. Amie Gordon

- Graded and provided feedback for weekly written assignments for 140 undergraduate students.

Graduate Student Instructor

Research Methods in Psychology, University of Michigan

1/2022 – 4/2022

Instructor: Dr. Julie Bolland

- Taught course content covering research methods, upper-level writing skills, statistics, survey design in Qualtrics, and data analysis in R.
- Designed lesson plans, led weekly discussion sections, and graded written assignments for two sections of 20 undergraduate students each.

Head Graduate Student Instructor

Introduction to Personality Psychology, University of Michigan

8/2021 – 12/2021

Instructor: Dr. Robin Edelstein

- Coordinated a team of graduate students and developed exam questions in addition to graduate student instructor tasks for three sections of 25 undergraduate students each.

Graduate Student Instructor

Introduction to Personality Psychology, University of Michigan

1/2021 – 5/2021

Instructor: Dr. Miles Durkee

- Designed lesson plans, led weekly discussion sections, and graded assignments.

Guest Lecturer

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Anthropology of the Body, University of Michigan

10/2024, 11/2025

Instructor: Dr. Ben Hollenbach

- Lecture title: “Artificially intelligent companions”

Close Relationships, University of Michigan

9/2022

Instructor: Dr. Amie Gordon

- Lecture title: “How our partners view and change us”

MENTORING

Undergraduate Senior Honors Thesis Mentees (4 total)

- Allison Youtt (2024 – 2025): “Cortisol awakening responses, experienced discrimination, and the role of romantic partner support”
- Alicia Wang (2022 – 2023): “I can’t tell if you’re listening: Effect of sleep deprivation on perceived partner responsiveness”
- Michelle Busschots (2022 – 2023): “Unequal distribution of baby care and gratitude to one’s partner”
- Madeline Paxson (2020 – 2021): “Is Cupid colorblind? Racial ideology in interracial romantic relationships”

Post-Baccalaureate Mentees (2 total)

- Sooyeon Oh (2024 – 2025), Summer Xia (2026)

Independent Research Study Mentees (25 total)

- Allison Youtt (2021 – 2025), Cecilia Morales-Barranza (2022 – 2025), Sophia Weng (2024 – 2025), Cassandra Steffenson (2024 – 2025), Isabela Rodriguez (2024 – 2025), Gianna Borrello (2024 – 2025), Jack Tenglin (2024 – 2025), Annie MacIntosh (2021 – 2024), Gabriela Skinner (2021 – 2024), Katherine Ni (2023 – 2024), Isaac Mintz (2024), Michelle Busschots (2021 – 2023), Alicia Wang (2021 – 2023), Samantha Hertz (2022 – 2023), Cloe Wolverton (2022 – 2023), Brenna Williams (2022 – 2023), Olivia Lohmeyer (2022 – 2023), Allison Kuttler (2023), Anne Costello (2023), Tressa Brewer (2021 – 2022), Adona Lucaj (2021 – 2022), Madeline Paxson (2021 – 2022), Mikayla Thomas (2022), Alexis Mitchell (2022), Esther Mergerson (2021)

STAR (Scholarship, Transferrable Skills, Academia, & Research) Scholar Mentees (11 total)

- Reiah Jaffer (2023), Michelle Ashkenazi (2023), Cecilia Morales-Barranza (2022), Cloe Wolverton (2022), Mikayla Thomas (2022), Alexis Mitchell (2022), Esther Mergerson (2021), Alexis Mckinney (2021), Kelly Ortega (2021), Jana-Maria Zogbi (2021), Lisset De La Rosa (2021)

SROP (Summer Research Opportunities Program) Student Mentees

- Jade Baptiste (2024)

CERTIFICATES AND WORKSHOPS

Intervention Science, Society Institute for Social and Personality Psychology (SISPP)

7/2025

Instructors: Drs. David Sherman and Emily Dix

Computational Social Science, Society Institute for Social and Personality Psychology (SISPP)

7/2025

Instructor: Dr. William Brady

Multilevel Modeling, Society Institute for Social and Personality Psychology (SISPP)

7/2025

From, Annika – CV

Instructor: Dr. Niall Bolger	
Multilevel Structural Equation Modeling	7/2024
Instructor: Dr. Aidan Wright	
Introduction to Structural Equation Modeling	5/2024
Instructor: Dr. Aidan Wright	
Dyadic Longitudinal Data Analysis	5/2023
Instructor: Drs. Amie Gordon and Kate Thorson	
UM Graduate Teacher Certificate	12/2023
Diversity, Equity, and Inclusion (DEI) Rackham certificate	5/2021

AD HOC PEER REVIEW

Journal of Homosexuality
Journal of Race, Ethnicity, and Politics
Scientific Reports
Evolutionary Psychological Science
Personality and Individual Differences
Co-reviewer for Journal of Personality and Social Psychology
Personality and Social Psychology Bulletin

PROFESSIONAL AND COMMUNITY SERVICE

Lead life skills class for nonprofit Old Skool Café : “Relationships, romance, and research”	11/2025
Campus Chapel board and personnel committee member	8/2023 – Present
University of Michigan departmental associate	8/2023 – 5/2024
Facilitator for Center for Faith and Scholarship: “Understanding polyamory”	2/2024
Moderator for Veritas Forum	1/2024
◦ “How to be well: Mental health, faith, and human flourishing”	
University of Michigan Student Academic Affairs (SAA) committee member	8/2022 – 4/2023
STAR (Scholarship, Transferrable Skills, Academia, & Research) Scholars Mentor	9/2020 – 12/2023
◦ “Psychology Research: From the Lab to Real Life”	9/2022
◦ “Data Collection and Analysis”	4/2022, 4/2023
◦ “Life of a Doctor—But Not That Kind”	11/2021, 12/2023
◦ “The Grad School Application Process”	4/2021, 9/2021
◦ “How to Get Involved in Research”	12/2020
Undergraduate poster submission review for the 2022 Society for Personality and Social Psychology Conference	10/2021

PROFESSIONAL AFFILIATIONS

International Association of Relationship Research
Society for Personality and Social Psychology
Society for Couple and Family Psychology
Society for General Psychology
Phi Beta Kappa
Psi Chi Honors Society

REFERENCES

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